



Friday 5th July 2024

Issue No. 29

## WONDER, AWE, CURIOSITY: HEARTS AND MINDS INSPIRED FOR LEARNING

### Message from Mr Davey



This week we took the whole school on one trip; what a fantastic experience this was when 151 children and 37 adults all visited Colchester Zoo. I was so proud of the children. They were praised throughout the day for their excellent behaviour and manners and it was lovely to see the children's faces light up as they saw the unusual animals from around the world including Penguins, Falcons, Tigers, Giraffes, Anteaters and Sloths.

Thank you very much to all the Teachers, Teaching assistants, Parent Helpers, Governors and all other school staff who helped to make the day a success. We could not have done it without you.

### Team points

These points were collected this week, you can find the rolling totals on our school website.



879



1215



1086

### Children who achieved gold this week:

Isabella (Rec)

Skye (Rec)

Jed (Y1)

Daniel (Y1)

Jesse V (Y2)

Sophia (Y3)

Freya (Y4)

Juno (Y4)

Remi (Y5)

Ava (Y5)

Ariana (Y5)

Gracie (Y5)

Leah (Y6)

Rowan (Y6)

### Attendance this week

Our target is 95% + above

Reception	86.31%
Year 1	85.5%
Year 2	86.26%
Year 3	88.00%

Year 4	90.38%
Year 5	89.2%
Year 6	97.99%
Whole School	91.42%



840

## Upcoming events at Henham and Ugley Primary School

Monday 8 <sup>th</sup> July	
Tuesday 9 <sup>th</sup> July	Year 5/6 Leavers Performance to parents 9:30pm 4:30pm
Wednesday 10 <sup>th</sup> July	Sports Day- parents welcome to attend and may bring a picnic to share on school field
Thursday 11 <sup>th</sup> July	
Friday 12 <sup>th</sup> July	Transition morning, children with their new teachers for the morning
Monday 15 <sup>th</sup> July	*Reserve sports day in case of rain on 10 <sup>th</sup> July
Tuesday 16 <sup>th</sup> July	iRock Summer concert- 2:30pm (parents of iRock band members are invited to attend).
Wednesday 17 <sup>th</sup> July	Sports Awards Assembly (no parents)
Thursday 18 <sup>th</sup> July	
Friday 19 <sup>th</sup> July	Reports go out to parents
Monday 22 <sup>nd</sup> July	Fun sports afternoon (No parents)
Tuesday 23 <sup>rd</sup> July	Leavers Assembly Break up at 1:30pm No Wrap Around Care after school.

### Attendance legal update for parents for the academic year 2024/5

The Department for Education have announced a number of changes to the law relating to pupil's attendance. These statutory changes will come into effect on 19<sup>th</sup> August 2024. These changes include new absence fine rates, thresholds at which penalties must be considered, requirements to share daily data with the government and new absence codes. We are currently updating our school attendance policy to reflect these changes:

In summary here is what you need to know.

#### **£80 fines and improvement notices**

Absence fines charged to parents will rise to £80 (or £160 if not paid within 21 days). A fine for parents must be considered if a child misses 5 days of school for unauthorised absence.

New "improvement notices" will also be the "final opportunity for a parent to engage in support and improve attendance before a penalty notice is issued."

Fines of up to level 4 (£2,500) and /or community order or imprisonment of up to 3 months still remains for parents who fail to secure their child's regular attendance at school.

#### **National fine thresholds**

From September, a fine will be considered if a pupil misses 10 sessions (half days) of unauthorised absence in a **rolling period** of 10 school weeks. The threshold can be met with "any combination of unauthorised absence". For example, four sessions in term time plus six instances of arriving late. The period of 10 weeks can also span "different terms or school years". However, councils also "retain the discretion to issue one before the threshold is met." This could include where parents "are deliberately avoiding the national threshold by taking several term time holidays below the threshold, or for repeated absence for birthdays or other family events".

# **HENHAM AND UGLEY PRIMARY SCHOOL**

**WEDNESDAY 10TH JULY  
(15TH JULY RESERVE DATE)**

## **APPROXIMATE TIMINGS**

**8:30AM**

**GATES OPEN, PARENTS DROP CHILDREN TO CLASSES AND SET UP AROUND THE PERIMETER OF FIELD.**

**9:20AM**

**SCHOOL GATE CLOSED AND LOCKED  
CHILDREN WILL COME OUT TO FIELD FROM THEIR CLASSROOMS**

**9:30AM**

**ROUND ROBIN OF 10X FUN SPORTS ACTIVITIES  
(RECEPTION - YEAR 6)**

**11:10AM**

**EYFS AND KS1 ONLY COMPETITIVE SPORTS  
(KS2 CHILDREN WILL BE WATCHING AND CHEERING)**

**12:00-1**

**PICNIC LUNCH ON THE FIELD.  
(ANY CHILDREN WHOSE PARENTS CAN'T ATTEND WILL HAVE LUNCH WITH THEIR TEACHER)  
THE SCHOOL GATE WILL NOT BE OPENED AT ALL DURING THIS TIME FOR SAFEGUARDING REASONS.**

**1:00**

**ALL CHILDREN TO RETURN TO CLASSROOMS FOR REGISTERS  
IT WILL NOT BE POSSIBLE FOR CHILDREN TO LEAVE SCHOOL WITH THEIR PARENTS BEFORE THE AFTERNOON REGISTERS HAVE BEEN TAKEN**

**1:10-1:30**

**SCHOOL GATE WILL BE OPEN TO ALLOW EYFS AND KS1 CHILDREN TO GO HOME IF PARENTS WISH TO TAKE THEM  
IF EYFS AND KS1 CHILDREN ARE NOT COLLECTED AT THIS TIME THEY WILL REMAIN WITH THEIR TEACHERS FOR THE AFTERNOON.**

**1:15-3PM**

**KS2 COMPETITIVE SPORTS INCLUDING RELAY RACES**

**3:15**

**HOME TIME  
AFTER SCHOOL CLUB OPEN AS USUAL**

### New Reception

This week we welcomed our new Reception children and their parents to enjoy a delicious school lunch. A huge thank you to our catering team: Clare Reed, Belinda Potter-Jones and Wendy Smith for their hard work.

### Reception and Year 5 Road Safety

This week Essex Highways visited the children in Reception and Year 5 and completed Road Safety talks and walks.

Children in reception learnt to look both ways when crossing the road. They learnt that cars drive on the left of the road

Children in Year 5 learnt about the difference between a puffin and pelican crossing. They learnt about different road signs and that the 'bumpy bits' on road crossings are there to keep blind people safe.



### Parent Governor Elections

The vote is now open! Please make sure you cast your vote before the ballot closes on Wednesday 17th July.

### Year 6 Bikeability

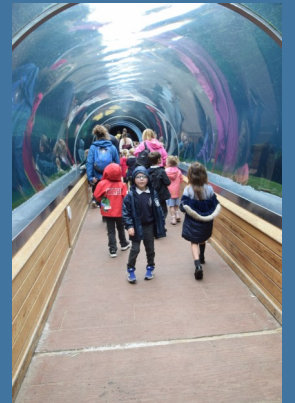
Some of our Year 6 children have been taking part in Bikeability training this week.

Children have learnt how to check a bike is safe to ride how to make sure you as a rider are prepared.

They first learnt how to safely ride their bikes on the playground (removing the risk of other cars and traffic) and eventually built towards riding their bikes safely out on the road.

The children that have taken part so far have had a great time and there is another group the week after next.





Class in the spotlight– EYFS

We're going to the zoo, zoo, zoo!

What an absolutely brilliant day we had at the zoo as the children in Reception embarked on their first ever school trip!

We managed to squeeze such a lot into our day even with our little legs! At one point in the afternoon we thought we would have to decide whether to ride on the train or see the elephants, but in true growth mindset Gruffalo style—we accepted the challenge to do both!

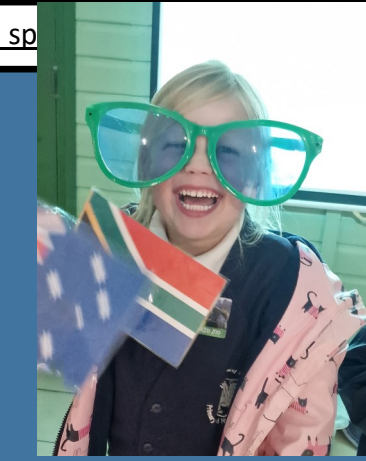


I like the train  
driver Stefan.

I saw two wolves when I  
was on the train.



I like the elephants I put them  
in the elephants the elephants  
the elephants are so funny.



“Penguins swim not fly.”

Isabella

“Their tongue is sharp so they can eat the fish.”

Frankie & Marla

“They have webbed feet so when they swim they push the water away from predators.”

Jackson



“The penguins have skin around their eyes just like us wearing goggles.”

Ellis

“They have good beaks to catch fish.”

Finnley

“They walk like this ...”



Arthur



Reminder

On Thursday 18th July 2024 there will be an evening time zoom call with nationwide e-safety experts "The Two Johns". This training is for Parents only.

We cannot stress the importance of parents putting the kids to bed early on this evening and joining this training.

20:00-21:30

<https://us02web.zoom.us/j/87835345843>

We promise that the information within the training will be of interest to you.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

The Diana Award definition of bullying is "repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe." Cyberbullying is bullying which takes place online. It can involve anything from sending messages to posting offensive comments to uploading and sharing private or embarrassing photos. It is classed as an indirect form of bullying when compared to verbal or physical bullying, given it usually takes place through a digital device. However, for those experiencing bullying behaviour, the consequences can be just as serious and have far reaching effects.

# What schools need to know about CYBERBULLYING

**3 KEY ASPECTS OF BULLYING BEHAVIOUR**  
There are three key aspects of bullying behaviour, namely that it is repeated, it is intended to cause harm and it is an imbalance of power. Cyberbullying can occur in many ways, including through social media, messaging apps, email, and video sharing. It is important for schools to be aware of these aspects to effectively address and prevent cyberbullying.

**WHAT LEADS TO CYBERBULLYING**  
There is never any justification for cyberbullying and those who display bullying behaviour need to be held to account for their actions. However, it can be helpful to understand some of the factors that may lead to young people displaying bullying behaviour. These include low self-esteem, a lack of empathy, and a desire for social status. Schools should aim to address these underlying issues through social skills training and positive reinforcement.

## National Online Safety Tips For School Staff

**TAKE A WHOLE SCHOOL APPROACH**  
In taking a whole school approach to cyberbullying, schools can cultivate a culture that relies on positivity and behaviour that is consistent for all members of the school community including staff, support staff, governors and parents and carers.

**BUILD CONFIDENCE IN DEALING WITH INCIDENTS**  
This can be achieved by having clear knowledge of what constitutes bullying behaviour, having clear sanctions and a system of reporting and consistently updating your knowledge of safety procedures regarding online and offline incidents.

**USE CHILDREN AND YOUNG PEOPLE AS A RESOURCE**  
Ensure you understand what is influencing the behaviour of young people in your community. Schools know what their students are experiencing and can be best placed to identify and implement relevant and effective policies. It is important to ensure that children and young people are not exposed to an engaging policy. It can be useful to involve children and young people in the development and clear school policies can help to empower staff to effectively manage any cyberbullying issues and in providing a united staff front on zero tolerance to all bullying behaviour.

**ENSURE ALL STAFF KNOW THEIR ROLES AND RESPONSIBILITIES**  
All staff have a role to play in educating and supporting children who are affected by cyberbullying, not just those responsible for safeguarding or online safety. Regular training, continuous professional development and clear school policies can help to empower staff to effectively manage any cyberbullying issues and in providing a united staff front on zero tolerance to all bullying behaviour.

**Ask For Help**  
For further support, advice or guidance to support you students at school, or to sign up to The Diana Award's Free Anti-Bullying Ambassadors training events, head to [www.antibullyingpro.com](http://www.antibullyingpro.com)

In collaboration with THE DIANA AWARD

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter: @natonlinesafety Facebook: /NationalOnlineSafety

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# What parents need to know about SCREEN ADDICTION

**HEALTH & WELLBEING**  
Children as young as 13 are attending 'marathon' gaming sessions which last for hours on end. There are now help centres in schools which will support your child's mental health. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health concerns.

**LOSS OF INTEREST IN OTHER THINGS**  
Your child may become less interested in anything that does not include their device. You may notice that your child is spending more time on their device and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.

**CONFIDENCE, SUPPORT & ADVICE**  
The Children's Commissioner report 'Life in the Digital Age' explored how young people are using social media today. It showed that children and young people are experiencing tech-related problems and support is moving face to face interactions.

**APPS CAN BE ADDICTIVE**  
Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app 'Angry Birds' where you can only keep playing by interacting with your friends. If you don't respond, you will lose your streak. The addictive nature of apps aims to engage children and keep them coming back for more.

**LACK OF SLEEP**  
7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

**47% of parents** said they thought their children spent too much time in front of screens

## Top Tips for Parents

**LIMIT SCREEN TIME**  
In today's digital age, technology is an important part of a child's development. However, too much screen time can be harmful. It is important to set boundaries and encourage your child to spend time on other activities. Implementing a screen limit. There will be others in your child's friend group so will be seen to be doing so and will be sending messages when they do not have access to their phones.

**LEAD BY EXAMPLE**  
Parents model their behavior on their peers, so if their parents are constantly on their devices, they will see this as acceptable. Try limiting your own screen time, and ask your child to not use their device at the table, make sure you don't let your phone rule the whole family life.

**REMOVE DEVICES FROM THEIR BEDROOM**  
Setting a rule about removing devices from bedrooms is a good idea. Children should not have their devices in their bedrooms. This is particularly important for teenagers who may be tempted to check for notifications.

**LESS TIME MEANS LESS EXPOSURE**  
There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

**MOBILE-FREE MEAL TIMES**  
Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but really, it's encouraging them to use their device as a distraction, from conversation and feeling your presence. We suggest removing technology from the dinner table and having conversations with your child from their devices.

**STATISTICS**  
52% of children aged 3-4 go online for nearly 9hrs a week  
82% of children aged 5-7 go online for nearly 9.5hrs a week  
93% of children aged 8-11 go online for nearly 13.5hrs a week  
99% of children aged 12-15 go online for nearly 20.5hrs a week

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# ROBLOX

According to the Roblox website, "Roblox is the world's largest interactive social platform for play." For those of you not so familiar with the game, it is a multi-player online gaming platform which allows children to play and create a variety of games in a 3D world. Roblox is free to play and available on all modern smartphones, tablets, desktops, Oculus Rift, and HTC Vive.

**ROBLOX STUDIO**  
The Roblox Studio allows users to create their own games for other players to play on the platform. As the games you do not want your child to be exposed to, for example, weapons, violence and even pornography content. There are no age restrictions on the games created in the Roblox Studio and Roblox can only rely on people reporting negative/violent content in order to remove the games from the platform.

**CHATTING AND FRIEND REQUESTS**  
While the games in Roblox are aimed at 13+, there are currently no age restrictions for the signing up. This means both adults and young people can play and communicate with each other and send friend requests through the platform. Once a user has accepted, this means that they can communicate with each other outside of gameplay.

**ROBUX ONLINE PAYMENTS**  
When a user creates a game, they earn something called Robux, which works as a currency within the platform, allowing the purchase of upgrades and memberships. If the created game is of good quality and attracts more players and in-game adverts, children have the potential to earn a lot of Robux. Once a user has earned a certain amount of Robux, they can convert this to real cash and withdraw it to a PayPal account. To withdraw money, users need to be over 13, have a PayPal account and have paid for the Roblox premium subscription.

# What parents need to know about ROBLOX

## National Online Safety Top Tips for Parents

**UNLIST SOCIAL MEDIA ACCOUNTS**  
Make sure your child's social media accounts are not listed in the settings/account info. If they do, advise them to make their profiles or accounts private. If you are not sure, nobody can find and contact them on their social media platforms outside of Roblox.

**CHECK SHARED INFORMATION**  
In the occasional instance that your child is not playing away any personal information in their bio/profile. For example, their full name, address, phone number, etc. If you see that they have, explain why this is potentially dangerous and remove immediately.

**2 STEP VERIFICATION**  
Roblox has a great 2-step verification security feature which we recommend you enable to add an extra layer of security to your child's account.

**IS YOUR CHILD UNDER 13?**  
Unfortunately, there are hundreds of YouTube videos showing children how to change their age settings on Roblox, so while it is possible to limit your child's account, it is not an agreement. There are additional safety features for children under 13, for example having their account set to 'restricted' to limit inappropriate content and behaviour, so it is worth checking that your child has set their account to the correct age. You can find this in their account settings.

**DISABLE IN-GAME CHAT**  
Roblox is free for children to play together and chat to each other through the game. If you want to control how much chat your child can have, you can disable in-game chat. When logged in, go to the Account Settings page by clicking on the gear icon in the top right corner of the page. Then click Settings. Next click on the Privacy tab and under 'Who can chat with me in game?' select 'No one' and this will disable in-game chat.

**RESTRICT PAYMENT METHODS**  
Roblox is free to play, game, but there are still options to make additional in-game purchases. If you do not want your child to make payments, you can restrict their account to not associated with their account. If you have a PayPal for your child to make payments in the game, but want to limit spending, we suggest the 'set a daily or weekly limit' option. This will allow you to set specific amounts which will allow you to limit how much your child spends and removes the need for a credit/debit card to be used with their account.

**HAVE A CHAT ABOUT 'GRIEFING'**  
Griefing is when someone purposely upsets another player in a game. This can be done by setting traps, damaging or stealing something from another player, intentionally killing them and just generally being annoying in the game to other players. Griefing can be extremely frustrating and upsetting for players.

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