



Friday 4th October 2024

Issue No. 5

WONDER, AWE, CURIOSITY: HEARTS AND MINDS INSPIRED FOR LEARNING

Message from Mr Davey

This week has been a busy one for the whole school community as we welcomed the Ofsted inspection team. While we are unable to confirm the outcome until the official report is published, which could take up to 30 working days, we would all like to extend our heartfelt thanks for your ongoing support and understanding at the school gates and classroom doors during this time of added pressure.

In other exciting news around the school, Year 2 have been enjoying a 'Reading Pyjama Party' today! It really proved that reading can be fun and that there are books out there for every one.

Some children in Year 6 attended a Sports Ambassadors training event this week and will be leading games and activities during lunchtimes that engage the younger children during the lunchbreak.

Team points

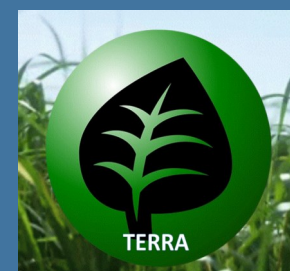
These team points are for the last two weeks due to not being able to report them last week.



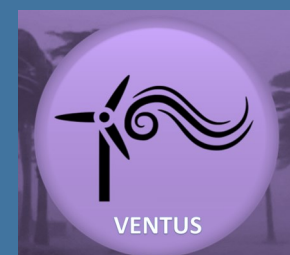
1452



1513



1486



1262

Children who achieved gold this week:

Frankie (Y1)	Isabella (Y1)	William (Y2)	Willow (Y3)	Polly (Y5)
Trixie (Rec)	Mia (Y1)	Chloe (Y2)	Finn (Y4)	Freya (Y5)
Toby (Rec)	James (Y1)	Olivia (Y2)	Elise (Y4)	Silas (Y5)
Wren (Rec)	Jackson (Y1)	Oscar (Y3)	Davey (Y4)	Mila (Y6)
	Charlie (Y1)		Sam (Y4)	Henry (Y6)

Dates for your diary

Wednesday 16th October 2024	Y3 Stone Age Day
Monday 21st October 2024	Individual and sibling photos (Pret a Portrait)
Tuesday 22nd October 2024	Parents Phonics Workshop with Mrs Espie (2pm-3pm)
Wednesday 23rd October 2024	Harvest Assembly with the Vicar and a special harvest lunch.
Wednesday 23rd October 2024	PSA Halloween Disco
Thursday 24th October 2024	HALF TERM (3:15 finish)
Friday 25th October 2024	INSET DAY (No children)
Tuesday 5th November 2024	Bonfire night special lunch menu
Monday 11th November	Armistice Poetry Day
Tues 26th Nov + Thurs 28th Nov 2024	Autumn Parents Consultations
Thursday 28th November 2024	Flu Immunisations (Reception to Year 6)
Friday 20th Dec 2024	End of Autumn Term (1:30 finish)

Harvest

Parents are invited to attend our Harvest Assembly on Wednesday 23rd October which will be held in the **school hall at 9am.**

This will be led by Mr Davey and the vicar (Louis) from Henham Church.

We also have a special harvest themed school lunch on Wednesday 23rd October

In the evening the children have their Halloween Disco. Please see the poster later in the newsletter.

This year we are collecting food donations which will all be donated to the Uttlesford Foodbank.

Donations could include:

- tinned food (vegetables, fruit, meat, fish)
- spreads (butter, jam, honey etc.)
- long-life milk, juice and drinks
- dried pasta
- cooking sauces
- condiments
- tea and coffee
- rice
- cereal
- toiletries



Wrap Around

Thank you for your cooperation with the move of our wrap-around clubs to the **Caretakers House.**

Reminders

- This facility is for working parents.
- Appointments should be booked in advance on ScoPay.
- From Monday 4th November, if you book a place at Breakfast or After School Club, you will be charged whether or not you make use of the facility.

Healthy Packed Lunches

We are seeing an increase in chocolate products in school packed lunches. Please ensure that children are provided with a healthy packed lunch choices.

Please also remember that we expect fruits such as grapes and tomatoes to be cut in half to prevent the risk of choking.

Ideas for what to include in a child's packed lunch:

- Sandwiches or wraps
- Yoghurt (please remember to include a teaspoon)
- Fruit
- Cheese
- Mini Salad boxes

We are looking for donations of any **puddle suits or boy's wedding outfits (waistcoats, jackets, suits and ties)** for the dressing up box in EYFS. Any donations would be greatly received.



Pupil Voice

Q) What is it like to be a student at Henham and Ugley?

I like to be a student because I learn new things. I like to be a student because things are fun

Clara (Year 3)

At Henham and Ugley Primary School being a student is honestly amazing. I love every part of it. The lessons are fun, the staff are ever so kind and every student is so creative.

Freya (Year 5)

It's like you're actually somewhere that your mummy has taken you that is so fun.

Isabella (Reception)

LOVELY! Because it is just brilliant and everyone is so kind and teachers are so lovely.

Grace (Year 2)

Being at Henham and Ugley Primary School is a pleasure. I travel 13 more minutes to go to this school because it is one of the best schools in the area. In Henham I have a couple of best friends and all the teachers and the kids are lovely. It is amazing to be a student here I am so lucky to be here. Everything I want is here and the lunches are the best! We have sausage rolls, toad in the hole and pizza. Henham and Ugley School is amazing and I am proud to be here.

Kelsie (Year 6)

The reason its is great to be a student at Henham and Ugley Primary School is because the teachers are outstanding! I feel safe all the time. We do amazing learning it is sometimes hard but also one of the funnest things I do and I believe our school is just amazing.

Iris (Year 4)

Good because I like reading with Mrs Caffrey

Fun because I love playing with Coggs

Lucas-Jay (Year 1)

Persistent Absence

We are seeing an increase in children who are 'persistently absent' from school. This means that they have an attendance of less than 90%.

Please be aware that phoning the school to report illness must fit in with the criteria of the poster. There are only a few reasons why children would be 'too ill for school'. Children can continue to come to school with symptoms of a common cold.

The school reserves the right to conduct home visits to check on a child's wellbeing when they are off sick.

A pattern of sporadic days off are a cause for concern for us and the school reserves the right to ask for evidence that you have seen a GP if children are regularly ill. We are monitoring attendance closely. It is a parents legal duty to ensure that children are in school everyday the school is open.

Henham Dragons

Rickling P - P Henham

Unfortunately this match was postponed due to the substantial amount of rain we had on Monday and Tuesday and the ability to bring it all together given the busy week we've had at Henham.

Our next fixture is an away fixture at St Mary's on Thursday.

What to do

Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms	➤	Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters	➤	Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat	➤	Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)	➤	Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat	➤	Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards	●	GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before	➤	GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)	➤	GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)	➤	Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness	●	GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash	●	GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty	➤	Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm	➤	GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash	●	GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash	➤	GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea	➤	Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus	➤	Pharmacy	Ensure good hand hygiene
Tonsillitis/ Strep throat	Intense sore throat for more than 1 day	➤	Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'	●	GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your GP.

Working in partnership with

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Secondary Schools Admissions (Year 6 parents only)

As you may be aware, the new secondary school admission round opened on Thursday, 12 September 2024, for parents of current Year 6 children to apply for a secondary school (Year 7) place for September 2025.

The statutory national closing date for applications is 31 October 2024.

Applications can be made online via www.essex.gov.uk/admissions. 99% of parents in Essex applied online last year.

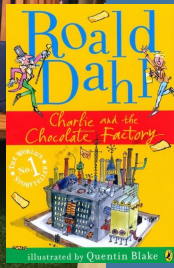
All of the application information is available on the website above.

The website also has a copy of the Secondary Education in Essex 2025-26 booklet which contains details of all secondary school admission policies.

Cosy Reading Day in Year 2

This Friday, we celebrated all things reading! We dressed up in our cosy pyjamas, brought in our slippers, dressing gowns and teddy bears and enjoyed a range of reading activities.

We shared our favourite books and did free reading in the morning. We had a selection of poetry, non-fiction and fiction books on our tables to enjoy.

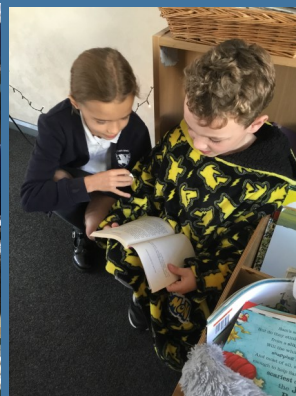


"My favourite book is a fact book about rocks and minerals. It is my favourite book because it tells you lots of information about the world." Finn

We had story time and read our class book *Charlie & the Chocolate Factory* in the school library with hot chocolate.

We then enjoyed some time exploring the selection of books there and everyone chose a pleasure for reading book to take home.

Year 5 came in and read with us. We shared our favourite stories and the Year 5 children helped us with our reading.



We listened to Michael Rosen's poem *Chocolate Cake*. We then made free poetry using our *Luck Of The Draw* poetry jars.

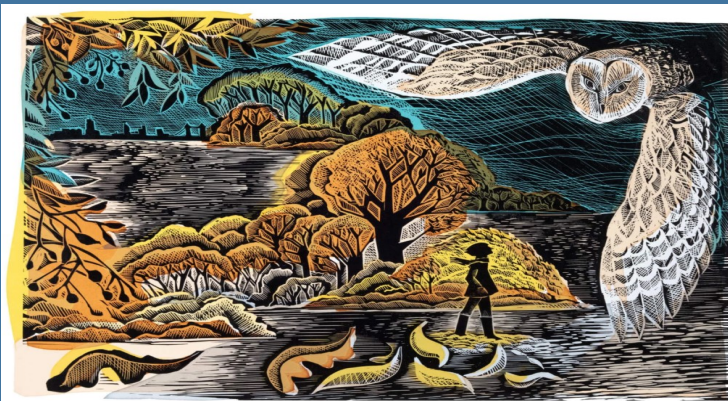


"My favourite part of the day was the poetry because it was fun and we got to do some writing." Olivia B

A class in focus

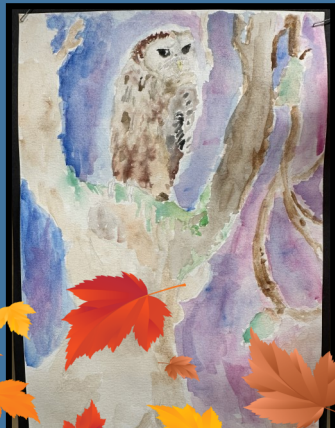
Each week, we will focus on a different class and share all the creative and fun lessons they have been doing. This week we are focused on Year 6.

This term, Year 6 will be using the beautifully written book, **October, October** by Katya Balen to inspire our creative writing. The children are learning how to write creatively by exploring descriptive language, characters, and storytelling. They are working on writing their own descriptive paragraphs, using ideas from the book to inspire them. We have also been looking at important themes like nature, family and change.

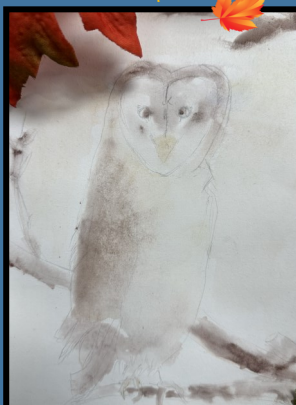


In guided reading our focus has been on female poets. We really enjoyed watching Amanda Gorman recite her poem, 'The Hills We Climb' during Joe Biden's inauguration. Her poem is very inspirational and Amanda is clever with her use of language. We then chose our favourite lines from her poem and recited them during our celebration assembly.

Art

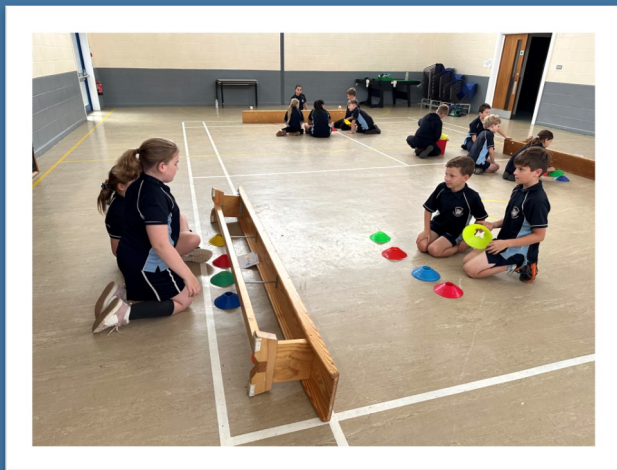
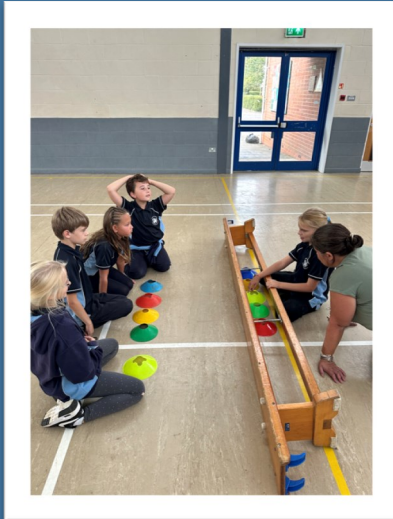


In Art we used water colour to paint our own barn owls.



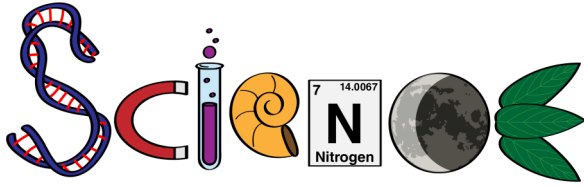
PE

In Year 6 PE, the children have been taking part in **Outdoor Adventurous Activities (OAA)** that help them build important physical and thinking skills. These activities include orienteering, fun challenges, and team games that teach them how to work together and communicate better. OAA helps the children to develop their teamwork and confidence while enjoying fun challenges. Some of their favourites have been cracking a code, giant noughts and crosses and having to get their team across the playground using only three hoops.

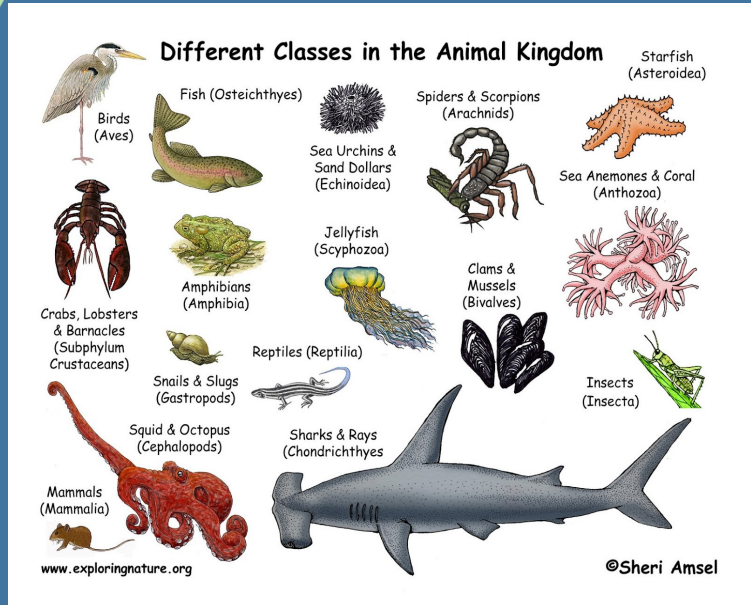
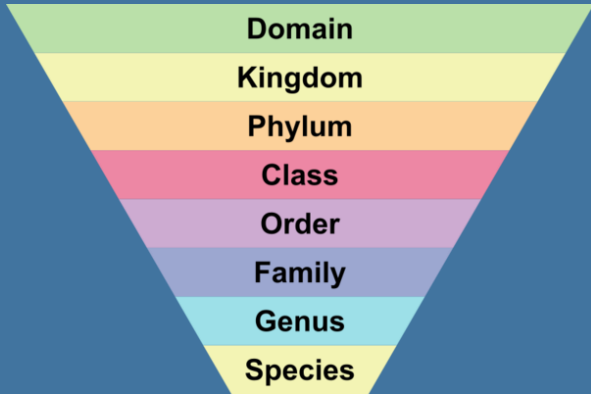


This term in Year 6, our topic is, **Crime and Punishment**. The children are exploring how justice has changed over time and how much of our current British law is based on principals from the Romans. They are also learning about different crimes and punishments from history and comparing these to modern times. The children are developing their critical thinking and understanding of how justice affects everyone.

Science



In science, we are learning about Taxonomy and how to classify living organisms according to their shared characteristics and features. We were surprised to learn that a killer whale is actually classified as a dolphin and isn't part of the whale family at all.



Our Sports Ambassadors

On Wednesday the 2nd of October, the year 6 house captains went to Thaxted Primary School to complete their *Sports Ambassador Training*. We learnt the qualities of a good leader and how to look after KS1 and KS2 children on the playground. We also learnt how to lead a variety of outdoor games. Some of our favourites were: dot to dot, skipping and tennis ball challenges. We had a fantastic afternoon.



This October, we're excited to introduce **Inktober**, a fun art competition for everyone! Each day, children are challenged to create a drawing based on a simple word prompt in order to fill their grid. Be as creative as possible and have fun. Please hand in your drawings to Mrs Fleming at the end of October.



The background of the poster is a vibrant orange and black. At the top, there are black silhouettes of bats flying against a bright orange sky. A large, glowing, textured moon is the central focus. Below the moon, there are black silhouettes of a haunted house with multiple spires and windows, and several tombstones of various shapes. Bare, gnarled trees are scattered around the scene. The overall atmosphere is spooky and festive.

HENHAM & UGLEY PRIMARY PSA PRESENT

SPOOKTACULAR HALLOWEEN DISCO

WEDNESDAY 23RD OCT

KS1 4-5PM

KS2 5:30-6:30PM

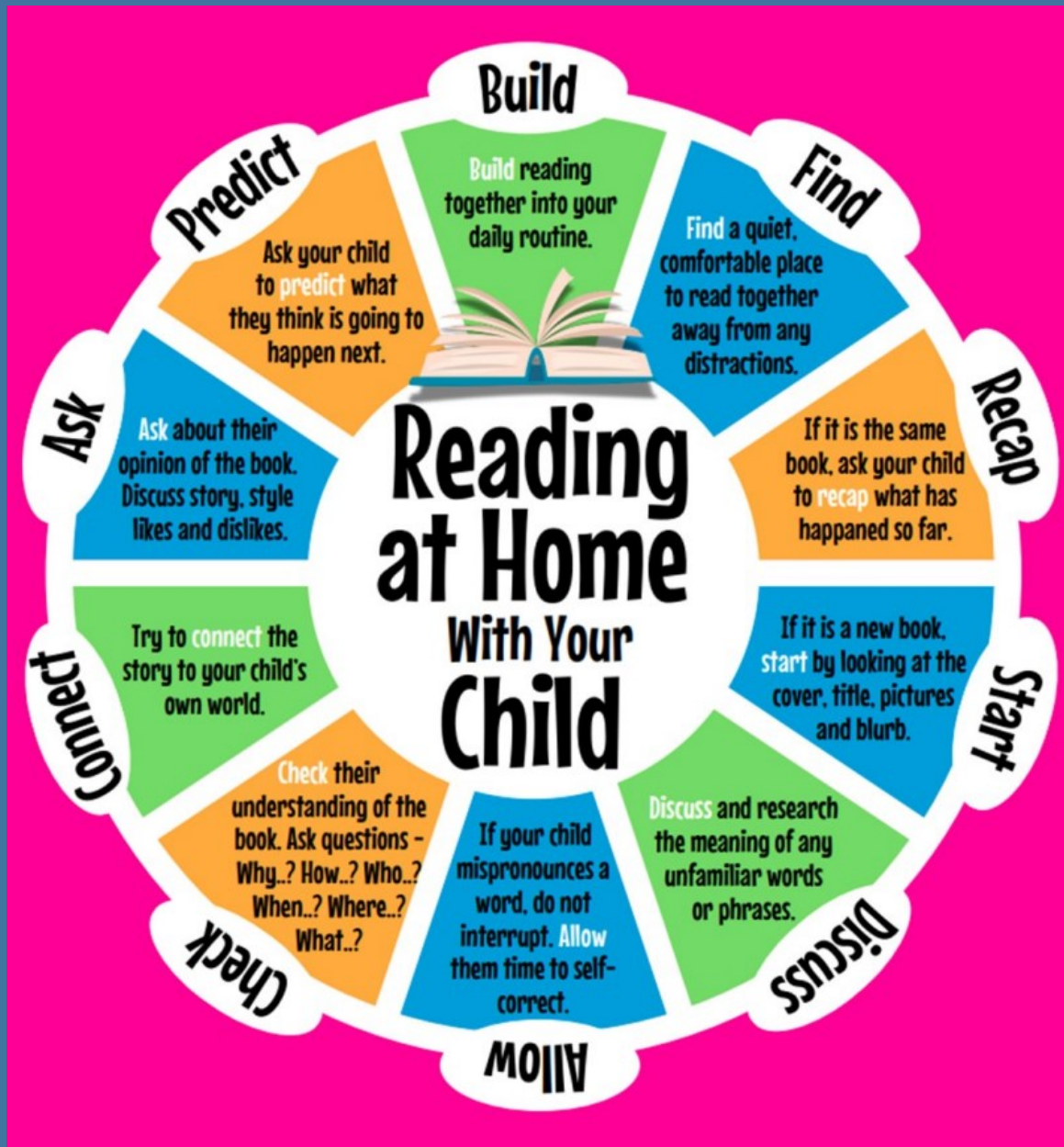
SCHOOL HALL

£5 PER CHILD

SPACES LIMITED - CLOSING

Tickets will be sold on the school gate from Monday 14th October until Friday 18th October. Please note that Nursery parents must stay with the children for duration of the disco.

Reading at home



Reading + Phonics Terminology

we use this terminology with the children at school. It would be extremely helpful to your child if you used it at home too when reading with your child.

Phoneme – the smallest unit of sound in speech, made by 1 or more letters.

Grapheme – a written unit of sound, made by 1 or more letters.

Digraph – 2 letters that make 1 sound, e.g. 'ai' as in 'train'.

Trigraph – 3 letters that make one sound, e.g. 'igh' as in 'night'.

Split digraph - Where the 'e' in the word is silent and changes the vowel sound, so that instead of saying the letter sound – it says the letter name. For example, 'i-e' as in 'slide'.

Pseudo words – these are decodable words, but not real words in English. For example, 'whape' or 'stroft'.

Harder to read and spell words - common words that can't be sounded out using basic phonics – including many of the most useful words in English, such as 'the', 'was', 'one', 'were', 'their', etc.

Echo reading – The adult reads first, then the child reads it, exactly as the adult read it.

Choral reading – This follows echo reading where both the adult and child read at the same time.

Finger tracking – This is where an adult or the child places their finger above the words as they read, so that the reader can process the lines of text below.

Idiom - A group of words or a phrase that don't necessarily mean what you want to say. For example, '.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What parents need to know about

NETFLIX

18+
The account holder must be 18 or older.



Launched in 1997, Netflix is now one of the world's leading online streaming services, providing users with unlimited access to a huge selection of TV shows and films. It's available on any internet-connected device that supports the Netflix app, from smart TVs and games consoles to tablets and smartphones, and is becoming increasingly popular with a younger audience. This is unsurprising given consumer attitudes are changing more towards video-on-demand (VoD) services. That's why we've created this guide to help parents and carers understand exactly what Netflix is about.

Inappropriate content

Netflix hosts and produces content for all ages. It has a wide variety of films and TV programmes for young children, teens and adults and its extensive catalogue can provide hours of entertainment. Children can search for almost anything but if they share the same account as an adult, it can also open them up to viewing material that is adult themed or inappropriate. Netflix doesn't check who's watching so children could access films or TV shows that contain violence, nudity or foul language.



Risk of hacking

With millions of users in over 190 countries, Netflix is often targeted by hackers and phishing scams which try to illicit usernames and passwords to gain access to accounts. If successful, hackers can steal payment details or try to sell your data on the dark web, providing others with the opportunity to profit. Given Netflix doesn't provide 2-factor authentication, it's important to ensure your login details remain secure.



Binge-watching

With the ability to access Netflix on almost any device, it can be easy to fall into 'binge-watching' TV series, with users finding it difficult to turn it off without knowing what happens next. The autoplay function also means that the next episode usually plays within seconds of the last ending and the Netflix algorithms mean that recommended programmes are very often similar to those you've just watched. This can easily lead to spending hours in front of the TV through the day or staying up through the night, potentially affecting sleep, mood and the ability to concentrate the next day.



Screen addiction

In addition to binge-watching, the fact that Netflix is available on almost any device with an internet connection means that parents may find it difficult to prize children away from a screen. With a huge collection of children's TV programmes and the latest film titles, children could start watching on the TV, continue on the tablet and finish on their games console. Increased screen time means that they may spend less time learning, playing outside, find it difficult to sleep or communicate less with family and friends.



Netflix party

Netflix Party is a free extension on Google Chrome that gives users the ability to watch a film or TV show online simultaneously with friends or family in different locations. It also provides the ability to chat to each other during the stream. Users can create a party and send a link to people they want to invite however the link can be copied and distributed further, meaning children could potentially be open to a group chat with people they don't know. It should be noted that Netflix Party isn't an official Netflix product and needs to be downloaded separately to the app.



Safety tips for parents & carers

Create a Netflix Kids experience profile

One of the biggest advantages of Netflix is the ability to control what content your children can watch. Setting up a Netflix Kids experience profile means that children only have access to TV shows and movies which have been carefully selected for kids. The look and feel of the app is simpler and children can't access any account settings.



Set maturity ratings & block content

If your child is a little older, parents can create a separate profile to their own and set a maturity rating that means children will see only TV shows and movies that fit that rating. The three categories of rating for the UK are kids (all, U, PG), teens (12, Guidance, Teen) and adult (15, 18, mature, adult). You can also block specific TV shows and movies from individual profiles which means they don't show up in the browse or search results.



Have an open & honest conversation

Parents can review the TV shows and films that have been watched on each profile under their account. If your child seems upset or shocked by something they have seen or if you are concerned about anything they've viewed, try to talk to them about it and have an open and honest conversation to help understand any concerns.



Switch off autoplay

Netflix has two autoplay features that can be switched on and off across different accounts and takes effect across all devices. Parents can disable the ability for consecutive episodes to play automatically and for previews to play when browsing. Both can help to limit the amount of time children spend on the app.



Lock your profile

It's important to keep your own account secure so that children can't freely switch between profiles and potentially access more adult-themed content or change access levels. Parents can set up a Profile Lock PIN which means only they can access their own Netflix account.



Set screen time limits

Although switching off autoplay will help to stem programmes playing continuously, children can just as easily choose to play the next episode themselves. Whilst Netflix has no options to help limit viewing time, many devices now allow parents to set screen time restrictions, so you can switch off the app automatically when you think they've had enough.



Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



Create a strong password & always log out.

Given that Netflix doesn't use 2-factor authentication, the need for a unique username and strong password is even more important. Try to use a different password to ones you've used before and use a mixture of numbers, letters (uppercase and lowercase) and symbols, with a minimum of 8 characters. Always log out when not using your account so that if your device is lost or stolen, your account remains inaccessible.



SOURCES: <https://www.netflix.com> | <https://help.netflix.com/en/node/264> | https://www.ofcom.gov.uk/_data/assets/pdf_file/0023/190616/children-media-use-attitudes-2019-report.pdf