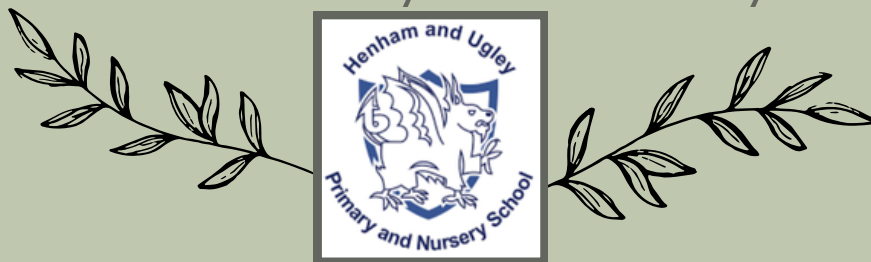


Henham & Ugley Nursery and Primary School

Newsletter: Thursday 13th February 2025



Message from Mrs Brogan

As we come to the end of this half term, I would like to thank all the children for working so hard, trying new things, being brave in their learning and showing resilience when things have challenged them. You all deserve some time off. Have fun children and enjoy playing and hopefully some sunny weather to enjoy the outdoors.

Mrs B xxx

Our GOLDS this week are...

Nursery/

Reception - Aurora, Toby & Daisy

Year 1 - Lilah, Arthur & Bluebell

Year 2 - Ellis

Year 3 - Fletcher, Willow & Brooke

Year 4 - Zach, Carter & Iris

Year 5 - Evie, James, Juno & Thea

Year 6 - JoJo

Team Points

Green House: 734 

Red House: 518

Blue House: 499

Purple House: 463





Diary Dates

Week commencing 20th January - after school clubs begin. They will run until week beginning 31/3/25

Monday 10th February - Safer Internet Day assembly

Friday 14th February - INSET DAY

17th - 21st February - HALF TERM

Monday 24th February - Back to school.

Tuesday 25th February - Year 6 Parents information session 3.15pm. SATs & the residential trip.

Thursday 6th March - World Book Day (see information below)

Thursday 13th March - '**Celebration of Colour**' art gallery 5-7pm

Tuesday 25th & Thursday 27th March -Parent Consultation (booking through Arbor nearer the time).

Tuesday 1st April - Children doing iRock - concert to parents.

Thursday 3rd April - Year 3 & 4 production - 9.30am and 1.30pm

Friday 4th April - End of Spring Term - **we will finish at 1.15pm.**



Please keep an eye on 'diary dates' as more information could be added on a weekly basis.



GARDENING CLUB



This week, Gardening Club created our own enchanted fairy gardens and dinosaur parks. We had one plant gifted to each of our enchanted worlds, which we will take home, water, feed and grow.



This week's Head Gardener is...Henry! Henry's enthusiasm and joy for digging dinosaurs shone through :)

★ HEAD GARDENER ★



"This was my favourite one because I like putting the things on my magical fairy garden like the big butterfly." Lilah, Year 1



Reporting absence

Could I please remind parents/carers to follow this procedure when reporting your child unwell:

- Call the office 01279-850213 BEFORE 8.30am
- Leave a message on the absence line - option 1.
- Leave your reason for absence and be very specific. Rather than 'feeling poorly' please indicate exact reason for not being in school.
- Please do not email.

Thank you

This week we have been focusing on 'safer internet use' as Tuesday was national safer internet day. The week began with a whole school assembly followed by class assemblies' and circle time discussing how to be safe when using the internet. We would be grateful if you could reiterate our learning at home too.



Keep Your Child Safe Online

A Guide for Parents

- 1 Check Parental Controls**
Check that your parental controls are up-to-date and use them to restrict access to inappropriate content and monitor online activity.
- 2 Set Clear Expectations & Boundaries**
Establish rules for online activities. Define time limits, appropriate content, and allowed websites or apps.
- 3 Supervise Online Activities**
Keep an eye on your child's online behaviour. This can involve periodic checks, co-viewing, or sitting with or near them during their screen time.
- 4 Be a Good Role Model**
Set a positive example with your own online behaviour. Demonstrate responsible use of technology, respecting others' privacy and maintaining a healthy digital life.
- 5 Encourage Open Communication**
Create an environment where your child feels comfortable discussing their online experiences. Especially if they have any worries or concerns.
- 6 Ensure a Healthy Balance**
Ensure that your child has a balanced routine with enough time away from a screen for physical activity, hobbies and family interactions.
- 7 Educate About Online Dangers**
Talk to your child about the risks of being online, such as cyberbullying, predators and inappropriate content. Explain how to recognise and report these dangers.
- 8 Know the Platforms**
Familiarise yourself with the apps, games and websites your child uses. Understand their features, privacy settings and potential risks.



Age Rating
13+

Snapchat

A Guide for Parents & Carers

Snapchat is a communication service. Users can take photos, record videos, add text or drawings (called Snaps) and send them to Friends. Snaps disappear after the recipient views it, or within 24 hours (for a Story or Chat).

Privacy



Go to Settings > Privacy Controls and adjust the following:

- **Who Can Contact Me:** Set to 'My Friends' to limit messages from strangers
- **View My Story:** Select 'My Friends' or create a custom list
- **See my location:** Enable 'Ghost Mode' to hide your child's location
- **Contact me:** Click 'Friends'
- **Quick Add:** Disable to prevent strangers from easily adding your child

Snaps



Encourage your child to **THINK BEFORE THEY SNAP:**

- Remember that screenshots can be taken and content might not be as 'temporary' as it seems
- Don't share any of your personal details
- Would your parents/carers approve?
- Have you asked permission to post photos or videos of other people?
- Have you used your online manners?

Snapstreaks



A **Snapstreak** tracks the number of consecutive days two users exchange snaps. Snapstreaks may contribute to a user's Snapchat score (a number reflecting app activity).

For a child, Snapstreaks can feel like a **measure of friendship**, creating pressure to maintain them, which can lead to stress or anxiety. It's important to discuss healthy app use with your child.

Family Centre



Family Centre allows you to monitor your child's activity, including usage, contacts and privacy settings. There is also an option to restrict your child from using My AI (AI chatbot).

Install the app and link your account by adding them as a friend. While you won't have access to the specific content they've sent or received, you can view their friend list and see who they've interacted with in the past 7 days.

Snap Map



Snap Map shows your child's location on a map in real time. Only their friends can see where they are.

You can turn this off by enabling **Ghost Mode**, which allows you to see the map but not be seen by others.

NOTE: Your child can submit snaps to the Snap Map and their name and location could appear on a public map.

Check



Regularly **review** Snapchat's **features** and updates to understand new tools or risks.

Have an **open dialogue** about your child's Snapchat usage and how often they are using the app.

Encourage them to share what they're experiencing and periodically check that they are staying **safe and happy online**.



Encourage your child to come to you if **ANYTHING** online makes them feel uncomfortable, upset or worried.





WhatsApp

A Guide for Parents & Carers

Age Rating
13+

WhatsApp is a free messenger app. It uses the internet to send messages, images, documents, audio or video. The app offers end-to-end encryption, which means that all messages can only be read by the sender and the recipient.

Privacy



Show your child how to **adjust their privacy settings**, such as hiding their profile photo, last seen status and about info. Set them to either of the following:

My Contacts: available to contacts from their address book only
Nobody: not available to anyone

Talk to them about not sharing their personal details online.

Messaging



Encourage your child to think about these things before they message:

- Is it kind?
- Is it true?
- Would your parents/guardians approve?
- Would you say it to their face?
- Have you asked permission to post photos?
- Have you used your online manners?
- You don't have to join in!

Contacts



Make your child understand that they should **only connect with friends, family, or trusted individuals**.

Teach them not to accept messages from **unknown contacts**.

Go over with your child how to **add, block and report contacts**.

Group Chats



If a child is added into a **Group Chat**, it may include people they don't know. This can put them at risk of being contacted by a stranger.

Go to **Settings -> Privacy -> Groups**. Select specific contacts that can add your child into groups.

Encourage your child to only join a group with people they **know and trust**.

Location



WhatsApp allows users to share their **location** with others.

If this feature is enabled, it could potentially let others **track** your child's location or discover their home address.

Speak to your child about keeping this feature **disabled**.

Check



Check in with your child regularly to **review their phone settings**.

Have an open dialogue about their WhatsApp usage and **how often** they are using the messaging app.

Encourage them to share what they're experiencing and periodically check that they are **staying safe and happy** online.



Encourage your child to come to you if **ANYTHING** online makes them feel uncomfortable, upset or worried.





Ilenhams Celebration of Colour!

Throughout the week of 10th March, the children will be learning about the **Hindu festival of Holi**. They will be creating a colourful art piece in their art lessons and this will be beautifully framed, really giving the children a purpose for their learning and creativity. Their work will be displayed around the school, ready for our gallery evening on **Thursday 13th March 5-7pm** which you are all invited to. This will be a lovely opportunity to mingle with parents, staff and children and your opportunity to collect your child's piece ready to hang at home! An art workshop will be available for all ages and refreshments too. We are asking for a contribution of £5 for your art work and the evening activities, which is payable via Scopay.

*Lets
celebrate!*



We love to hear about your achievements and awards outside of school - feel free to email Mrs B so we can share in your celebration's!

**THANK
YOU!**



We have the most fabulous PSA!! I would like to thank them for all the time they dedicate to our beautiful school. We really appreciate all your hard work putting together the brilliant events for our children and parents - helping raise money that inevitably benefits all our children.

You are amazing!



SCHOOL PARKING



You may have seen me parading in my high viz at drop off/pick up time. This is because I am concerned about the parking during our busy times. The safety of the children is always my priority and some of the parking, reversing and speedy driving is causing concern.

Could I **PLEASE** ask that you give yourself enough time to park on Crow Street and avoid School Lane if at all possible. The stroll down the street gives our children some extra exercise and fresh air before the school day begins and makes for a safer environment.

I completely understand, as a Mum of 3 myself, that the mornings can be chaos and rushed. Please just be mindful of how and where you park.

PLEASE EVEN IF YOU ARE RUNNING REALLY LATE DO NOT LEAVE YOUNGER SIBLINGS IN THE CAR ALONE WHILST YOU 'POP YOUR CHILD INTO SCHOOL OR PICK UP'. WE WOULD PREFER YOU ARE LATE FOR SCHOOL OR PICK UP RATHER THAN LEAVE YOUR CHILD ALONE IN THE CAR.

Thank you for your consideration and support.



It has come to our attention that some of our children have been talking about a programme called 'Squid Game'. These children have been sharing in detail the contents of this programme. The rating for this programme says 'not suitable for under 17' due to the graphic violent and sexual content.

There is some helpful guidance here:
[how-to-keep-your-child-safe-on-youtube](#)
[Parental controls on Netflix](#)

I'm sure you will all agree that keeping our children safe online is very important and with that in mind I would encourage you to check your child's devices and settings in case they are managing to access anything inappropriate.



**Position
available**

LSA position

We are looking for an LSA to join our friendly, creative team. If you would like to apply, please contact the office and they will give you an application form.

**CLOSING DATE: Monday
24th February**

Year 6 Parent information evening
25th February 3.15pm

Mrs Fleming & Mrs Miley would like to meet with you to share information about the SATs & the year 6 residential trip.

To be held in the year 6 classroom.

Clubs

BEHAVIOUR

*Wrap
around care*

Please note - we have the same expectations for behaviour in clubs & wrap around care as we do in the classroom and follow the same behaviour policy.

Behaviours that are not in line with our expectations could lead to us reviewing the suitability of your child attending the sessions.

Thank you for your understanding & support.



World Book Day



Thursday 6th March

(giving you lots of warning so that outfits can be considered!)

Your child can dress as **any** book character they like. We will have a fun filled day of activities as we transform our classrooms in literary worlds!

We have an Author visit on Wednesday 5th March: Helen Peters



Helen Peters is an award-winning author whose books have been nominated for the Carnegie Medal, shortlisted for the Waterstones Children's Book Prize, and named as the Independent Bookshops Children's Book of the Month and The Times Children's Book of the Week.

Helen Peters is the author of Friends and Traitors, Anna at War, Evie's Ghost, The Secret Hen House Theatre trilogy, and the Jasmine Green animal rescue series. She writes stories about adventure, bravery, family and friendship.



THANK
you

Miss Jeremy for
organising this
for us!



PYJAMAS & POPCORN

★ FUN MOVIE NIGHT ★

★★★ H&U SCHOOL HALL ★★★

FRIDAY

28
FEB

5:30 TO 7:30PM

COME DRESSED IN
YOUR COMFIEST
PJS AND BRING
ALONG A SLEEPING
BAG AND PILLOW!

TICKETS
INCLUDE FILM
POPCORN &
A DRINK

£5



Basildon Council
BASILDON • BILLERICAY • WICKFORD



BOOK ONTO A HALF TERM ACTIVITY CLUB WITH ESSEX ACTIVATE!



Eligible children and young people are invited to book onto **FREE**, fun-filled activity clubs who are run by a network of locally, trusted organisations across Essex, brought to you by Active Essex on behalf of Essex County Council!

IS MY CHILD ELIGIBLE?

Essex ActivAte offer free, club spaces to primary and secondary school aged children (4-16 years), who are eligible for benefit based free school meals, or from 'low-income' working families, as well as children who may be vulnerable to inactivity or social isolation.

WHERE WILL THE CLUBS BE RUN?

Clubs will run in Braintree, Basildon, Brentwood, Castle Point, Chelmsford, Colchester, Epping, Harlow, Maldon, Rochford, Tendring and Uttlesford! Due to half term programmes being solely funded by Essex County Council, unfortunately there will not be any clubs running in Thurrock.

WHAT DO THE CLUBS PROVIDE?

Clubs provide a range of different physical, enrichment and food activities to support children's physical and mental wellbeing, as well as a delicious, nutritious meal!

HOW DO I BOOK ONTO A CLUB?

As half term programmes are smaller and offer less activity days, you will not book on with your HolidayActivities voucher, but book on through the Essex ActivAte website instead. Simply find your local area and book on with the link provided or contact the club directly.



Find out more about February half term clubs and book on [here](#).





ACL

Nurturing Harmony: FREE Wellbeing Courses for Every Household

Are you looking to strengthen your family bonds and enhance your overall wellbeing?

Perhaps you want to improve your own wellbeing?
Our free wellbeing courses are designed just for you!

Sign Up!

Scan the QR code, OR
Visit our website [aclessex.com](https://www.aclessex.com)
and type '**Family Wellbeing**' in to the
'Find a course...' box

**COMMUNITY &
FAMILY LEARNING**



Essex County Council



FEBRUARY

HOLIDAY CLUB
Dunmow St Mary's Primary School,
High Stile, Great Dunmow, CM6 1EB



BOOK HERE

Scan the QR code or go to
<https://sportscoolwestessex.schoolpa.co.uk/>
From Just £15 per day
SEND INCLUSIVE!



What to expect:

Multi-sports & fun activities such as:
Axe-Throwing, UV Dodgeball, SportsCool
Inflatable, Laser Tag, Football,
Gymnastics, Archery, Street Dance &
much more!



9:00am - 1:00pm
Mon 17th Feb
to Thurs 20th Feb

Tel: 07935535292

Email: westessex@sportscool.org

Limited Free places available on our website



HOW TO BOOK – NEW USERS

1. Visit the [link](#) or scan the QR code
2. Click 'Parent Login' in the top right corner
3. Sign up to create a Parent Account
4. Add your child to your account
5. Go to 'Book a Course'
6. Click to choose your 'HOLIDAY CLUB'
7. Select HAF places if eligible for Free School Meals or Parent Paid option
8. Pick dates and times
9. Select children attending
10. Proceed to payment

RETURNING USERS – FOLLOW STEPS 5-10

