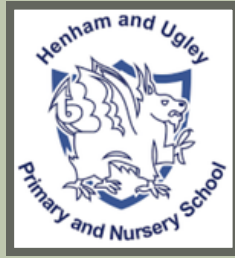


# Henham & Ugley Nursery and Primary School

Newsletter: Friday 12<sup>th</sup> September 2025



## Message from Mrs Brogan

Our first full week back together and what a perfect week it has been! We could not be prouder of all the children and how they have settled into new classes with new teachers. A special mention to our Gruffalos - those reception children (& their parents!) have been phenomenal, settling in so beautifully. Thanks to the EYFS team who have worked their magic and made that transition so calm and happy. We love having you Gruffalo's.

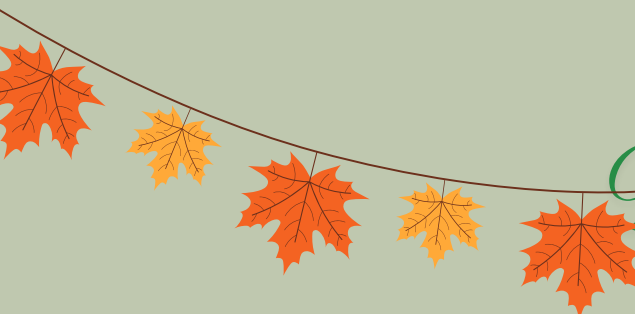
We started the week with our new 'Motivated Monday' keep fit assembly, the children were amazing and Mrs B has discovered squatting hurts! Mr Harris continued on Wednesday with our 'Work out Wednesday' assembly where he was blown away with the children's behaviour. Miss Jeremy led a wonderful poetry assembly on Thursday, inviting Mrs Parnell to share her poem...who knew Mrs P made such a great brussel sprout!

Thank you to all our teachers and school staff team for promoting such a calm and happy atmosphere, ready for our children to settle back to school this week. Well done to all you parents/carers for great attendance this week and getting your children into school on time - getting back into the swing of the school run is never easy.

Have a well deserved restful weekend and we'll see you Monday!

Happy Friday





# Diary Dates



## Autumn Term

**Wednesday 17<sup>th</sup> September** - Name the teddy bear competition - in return for a bag of sweets for the PSA back to school BBQ event. (see poster attached).

**Friday 19<sup>th</sup> September at 3.15pm** - Back to school BBQ!

**Thursday 2<sup>nd</sup> October** - CENSUS day - we love all children to have a hot lunch today!

**Wednesday 17<sup>th</sup> October** - Bring in some sweets for the PSA & name the teddy competition!

**Thursday 16<sup>th</sup> October 8.50-10am** - wellbeing drop in session for parents with Mrs Aves and Emma Codd (MIND).  
More information to follow.

**HALF TERM - Monday 27<sup>th</sup> - Friday 31<sup>st</sup> October.**

*PLEASE NOTE: Dates can be added/changed. Could you please check this list regularly.*



Clubs start back on  
**MONDAY 15<sup>th</sup> SEPTEMBER**

**AFTER-SCHOOL CLUBS**

Our GOLDS LAST WEEK are...

**Nursery** Ivy & Rupert H.

**Reception** Ned & Olive

**Year 1** Ronnie, Lily & Noah

**Year 2** Finley & Frankie.

**Year 3** Harrison & Hayden.

**Year 4** Jesse P, Willow, Natalie,  
Reece & Harrison.

**Year 5** Dylan, Freddie, Harry &  
Davey.

**Year 6** Leon

## Team Points

**WINNER**

**Green House: 786**

**Purple House: 712**

**Red House: 705**

**Blue House: 679**

*Mrs B's kindness award*



### Orson - Year 6

You demonstrated such kindness to your friend this week who took a tumble in the playground, bringing him into class, staying with him & making sure he was ok - we all need a friend like you!

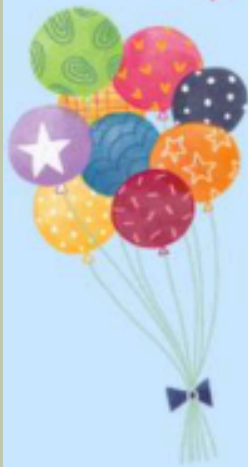


### Jack - Year 2

You have been so kind in breakfast club helping settle our new starter and making them feel welcome. What a wonderful Henham role model you are.

# BACK TO SCHOOL BBQ

Friday 19th  
September  
3:15-5:30pm



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**Bar & BBQ  
Tuck Shop  
Lucky Dip  
Sweet Tombola  
and more..**

**Come along for a fun  
afternoon**





## **The Nameless Sloth**

I'm a sloth with no name — it slipped from my mind,  
Somewhere between dreams and the vines I did find.  
I snooze through the daylight, with not a care,  
Just swaying in treetops and thick, drowsy air.

This tree is my castle, all bark and old grace,  
My throne in the canopy, soft resting place.  
I move with the breeze, so gentle, so slow,  
Like a shadow at dusk or the fall of fresh snow.

I once had a title — I'm sure that I did,  
But it vanished like thoughts in my sleep.  
Was it Simon? Or Stanley? Or Steve with a "Y"?  
The name drifted off like a cloud in the sky.

Yet if you should find me and wish me to stay,  
A packet of sweets might win me your way.  
And guess at my name — go on, take a shot!  
For I may remember the one I forgot.



🎉 **Win a Teddy Bear!** 🎉

**Name the Teddy Bear Competition**

📅 **Wednesday, 17th September 2025**

Help us name our cuddly, sloth teddy for a chance to **win it!**

To enter:

🍬 Bring in a **packet of sweets or chocolate**

📄 Submit your suggested name for the teddy in class.

📌 Hand in the sweets on **Wednesday, 10th September.**

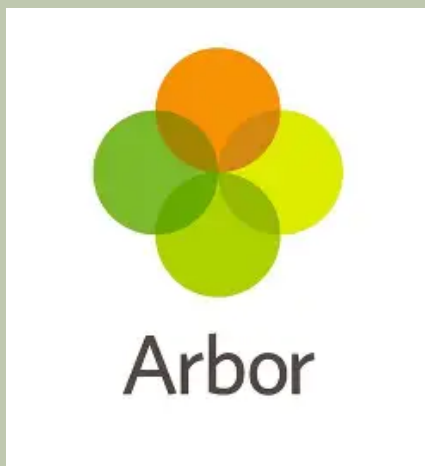
Let your imagination run wild — the best name wins the teddy!

## Walking home independently - year 5 & 6

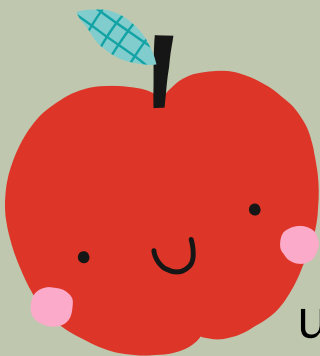
When children get to year 5 and 6, they are often allowed to walk home independently.

Could we ask that you email in with your permission. We then keep a log of who is/is not permitted to leave the school on their own. If we do not receive this we will not be allowing children to leave.

Thank you.



Please check your ARBOR account. Are all your details up to date and correct? This is something you can adjust and amend. We would be grateful if you could do this at your earliest convenience.



### Wrap around Care.

We are so lucky to have our wrap around - breakfast and after school club. If you are using these, please be advised that you need to book your place 1 month in advance and pay for these sessions via ScoPay. Any queries, please contact the school office.

Thank you

# European Day of Languages - Friday 26th September.



## Competition!

"Create a poster illustrating the 25th anniversary motto of the European Day of Languages "Languages open hearts and minds!"  
<https://edl.ecml.at/Activities/2025-poster>



## Initiative 2025: Languages open hearts and minds!



Create a poster illustrating the 25th anniversary motto of the European Day of Languages "Languages open hearts and minds!". This reflects that learning languages harnesses both the emotions and the brain. As well as potentially boosting brain power and connecting people, learning languages can facilitate the exchange of ideas, emotions, and experiences – strengthening empathy and respect for different ways of life.

You can use symbols, quotes and artwork to convey messages and let your creativity run wild!

Send us an image (jpg or gif) of the poster you produce to be showcased on the EDL website. There will be prizes for the top 5 most creative entries and 25 of the posters will proudly be displayed at the premises of the European Centre for Modern Languages!

The last day for submissions is 15 October 2025.

# Send your posters to Mrs B and I will send off for you! Good luck.

# UNIFORM ORDERING

PE kits can be purchased following this link



Logo uniform can be purchased following this link

Henham and Ugley Primary and Nursery School – My Clothing

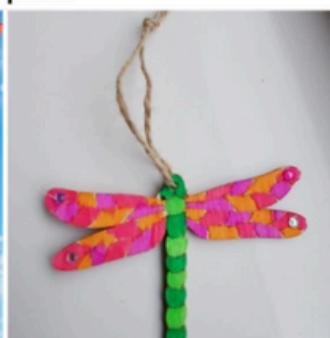
## TouchPoint – Stansted



TouchPoint Teatime on Thursdays is a free hot meal for children of school age and younger, and their parent/carer, plus some fun activities.

This week we are making dragonflies and will be tucking in to roasted vegetable lasagne; chicken and ham pasta bake; with salad, coleslaw & garlic bread on the side; plus fresh fruit, cakes and ice creams for dessert.

Why not join us this? We're open from 3pm to 5.30pm.



Parents and carers, pop in for a tea or coffee, a toastie or pastry, and a chat. Kids welcome too! This session is free, although donations are welcomed via our 'Give what you can' initiative.

Everyone welcome.

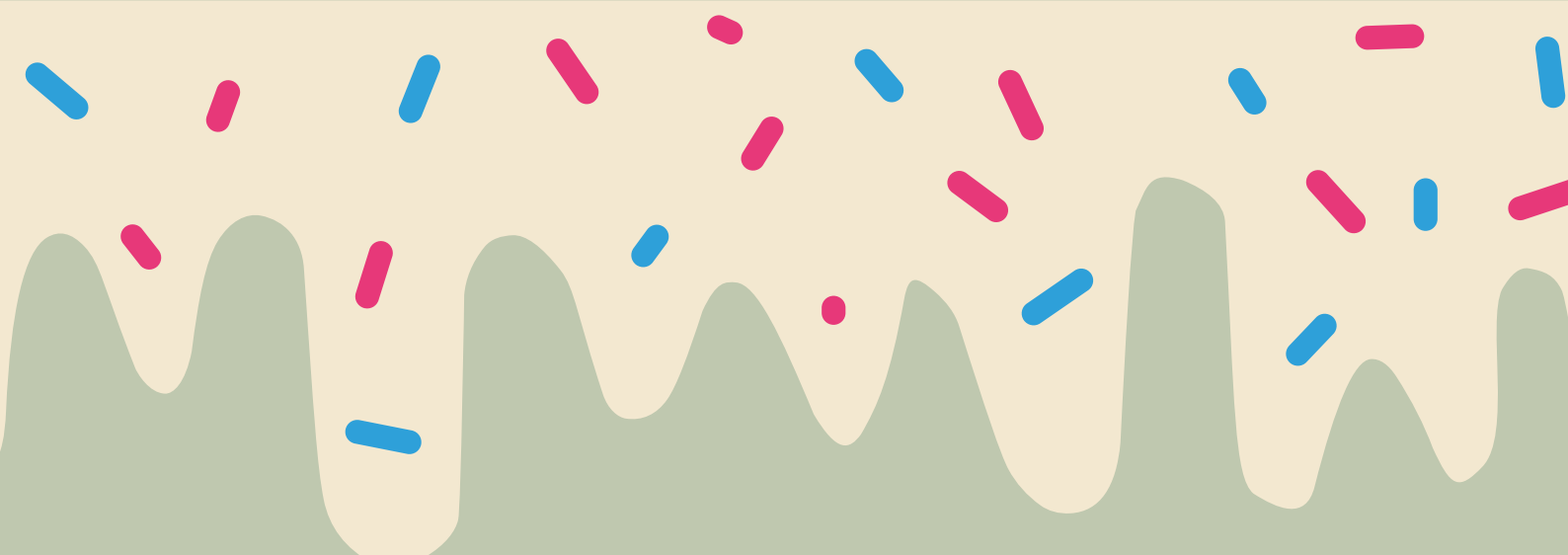
**NEW!**

## Breakfast Social

The first Monday of every month, 9am to 11am, at TouchPoint, Crafton Green House, 72 Chapel Hill, Stansted, CM24 8AQ

Pop in for a tea or coffee, a toastie or pastry, and a chat.





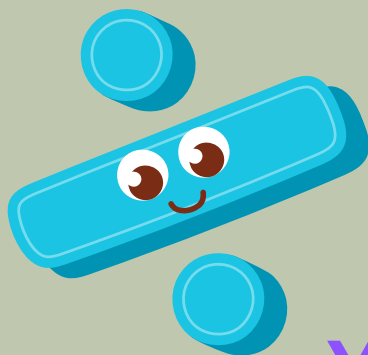
Census Day Lunch  
Thursday 2<sup>nd</sup> October

Help our school and please book a school lunch - baguette or our hot meal option. followed by Mrs B's ice cream parlour dessert!





**Each week Miss Gilbert organises a TT Rockstar challenge.**

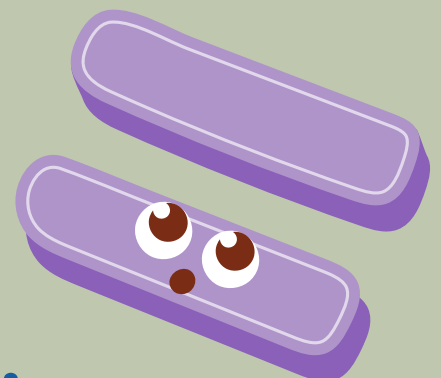


**This weeks:**



**Year 4 V Year 2**

**Year 6 V Year 3**



**Get practising those times tables!**

## Therapeutic Play

Jules Cowell

### Contact details:

If you would like to contact me regarding therapeutic play, please email me on: [jcowellplay@outlook.com](mailto:jcowellplay@outlook.com)



Children don't say "I had a hard day can we talk?" they say, "Will you play with me."

Lawrence Cohen

'Play is often talked about as if it were a relief from serious learning.

Play is really the work of childhood.'

Fred Rogers

'You can discover more about a person in an hour of play than in a year of conversation.'

Plato

### What is Therapeutic Play?

Therapeutic play provides a 1 to 1 safe space for children to process their feelings and emotions creatively, without the need for words. Children will have access to paint, art materials, games, clay, stories, puppets, sand, small world figures and buildings, musical instruments, drama and role play.

Therapeutic play is non-directive, and it is up to the child to decide what to use and how to play.

Therapeutic play can help many children with a wide variety of needs and issues such as, low self-esteem, friendship issues, anger issues, trauma, anxiety, parental separation or bereavement.

### About me

I am a fully qualified practitioner in therapeutic play, and I trained with Play Therapy UK.



I have also worked as a teacher for 28 years, most of this time I worked with pupils with special educational needs (autism and speech and language difficulties), I have also worked as a special needs coordinator for six years and as an advisory teacher for Essex County Council for more than ten years.

### What to expect

As a therapeutic play practitioner I can work with children that score between 12 and 21 using the Goodman's Strengths and Difficulties Questionnaire (SDQ).

I would have an initial meeting with both school and parents to discuss the process and complete the assessment forms.

If we feel your child could benefit from therapeutic play, I can start seeing them once a week in school. After 8 sessions, you will be asked to attend a review meeting, where we will discuss how the sessions are going and whether to end the sessions at 12 weeks, or continue further. Some children will need more than 12 weeks.

My fee is £40 per session. Sessions are 40 minutes. I do not charge for initial meetings with the school and parents, review meetings or charge for writing end reports.

### Supervision

As a practitioner on the Register of Play and Creative Arts Therapists, I am required to attend regular clinical supervision. I will discuss your child anonymously with my experienced supervisor. They will assess and review my practice, provide support and advice, identify any problems and suggest actions.

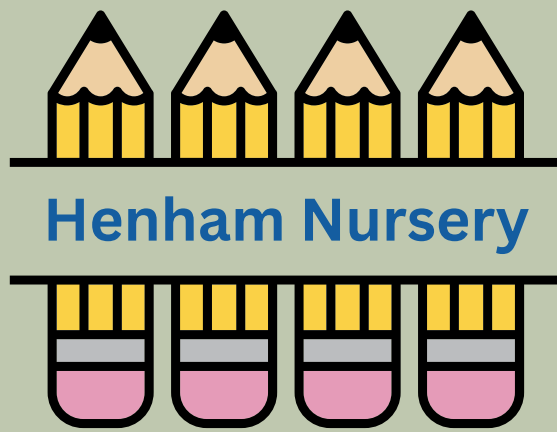
### Results

Therapeutic play does not give 'answers' or specific strategies. Instead, it is an approach which gives a child time and space to process their own emotions and needs.

### Confidentiality and safeguarding

I can give you general feedback as to whether I feel the sessions are going well, but I am bound by confidentiality to your child, so I will not be able to tell you or the school what your child talks about.

The exception to this is if I have a safeguarding concern. If this were the case, I would follow the school's child protection procedure and report my concerns to the school's Designated Safeguarding Lead and notify parents.



**We are FULL TIME from September!**

**Monday - Friday 8:45 to 3.15**

**term times only.**

**Please book your place to avoid  
disappointment.**

**Please contact the office for further  
information.**

**★ PRET A MANGER ★**

We continue to have our 'pret a manger' delivery every Monday at 5.30pm. They deliver to the carport at the front of the school - all are welcome!



Welcome to



**PHOENIX**

Open Evening

Wed 24th

September 4pm

**Please come along to see our SEMH  
Partnership Provision and find out more  
about the support we can offer**

Please arrive via the front office at  
Magna Carta Primary Academy, St  
Johns Road, Stansted Mountfitchet,  
CM24 8JP

**Please RSVP to**

**[hollowst1@magnacartaacademy.org](mailto:hollowst1@magnacartaacademy.org)**



# Essex Fire Museum Open Days

2025



28th Of September

10:30AM To 4:00PM

Fire Station, Hogg Lane, Grays  
RM17 5QS



Book Now 



Museum@essex-fire.gov.uk