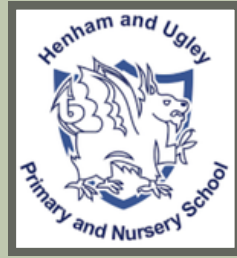


Henham & Ugley Nursery and Primary School

Newsletter: Friday 19th September 2025

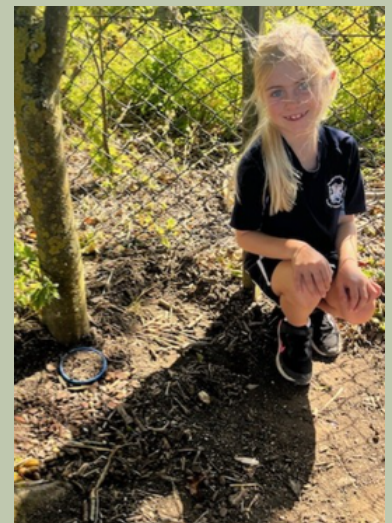


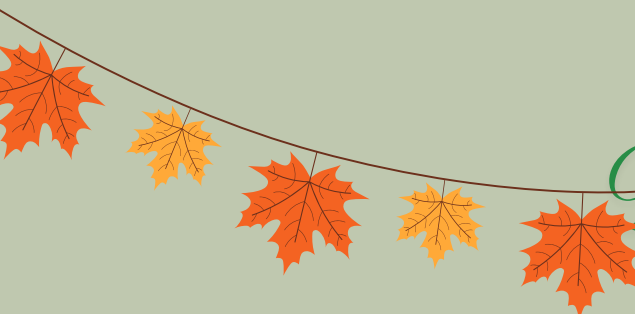
Message from Mrs Brogan

I love Autumn, the arrival of crisp mornings, mellow sunshine and all those autumn colours. As the weather changes, can I ask that children come to school suitably dressed, with jumpers and as we get a little colder, coats etc...

Today was beautiful on the field, watching the children building bug hotels, creating art from nature it really made me feel so lucky to live in the countryside and have our field to play on.

Have a wonderful weekend all.





Diary Dates



Autumn Term

Thursday 2nd October - CENSUS day - we love all children to have a hot lunch today!

Friday 10th October - CAKE SALE after school

Thursday 16th October 8.50-10am - wellbeing drop in session for parents with Mrs Aves and Emma Codd (MIND). More information to follow.

HALF TERM - Monday 27th - Friday 31st October.

Friday 14th November - Children in need day - wear something colourful & enjoy our special 'children in need' lunch.



PLEASE NOTE: Dates can be added/changed. Could you please check this list regularly.



Our GOLDS LAST WEEK are...

Nursery Ophelia and Clover

Reception Rosie B, Beauden & Jessica

Year 1 Grayson.

Year 2 Mia, Sebastian, Marla Mae & Finn.

Year 3 Grace & Prescilla.

Year 4 Fletcher, Frankie & Sienna.

Year 5 Sophia, Seth & Nate.

Year 6 Hugo & Clem

Team Points

WINNER

Purple House: 708

Red House: 646

Green House: 629

Blue House: 532

Mrs B's kindness award

Mrs B and all the team are looking out for acts of kindness around the school, from helping friends in need to voluntarily litter picking...we love to catch those moments of kindness!



Archie B - Reception

You were so kind, asking Mrs Espie if you could do some more tidying up. What a great team player Archie!

All the Staff

Henham is the most wonderful place to work - everyone supporting each other and showing kindness & love every day.

WINNER



Henham 5 - 0 Great Chesterford

What a fabulous start to the football season with Henham winning 5-0! With the sun shining and a wonderful atmosphere pitch side, the team were ready for the game ahead. Samuel scored a whopping 3 goals with Tommy & Oliver scoring 1 each! Brilliant work all.



Our year 3 / 4 girls enjoyed a girls football festival this week, representing the school beautifully.



SHINE BRIGHT

We love to celebrate our children's news. Achievements not only in school but outside too!


Molly (yr 5) took part in 2 competitions last week, coming second in one and in the Essex Championships she walked away with two bronze medals, three silver and one gold! Her and her team mates also scooped up this huge trophy! Way to go Molly!!!

Let's
go
girls



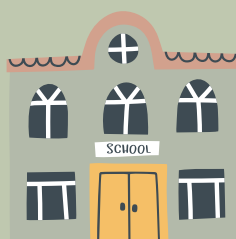
Martha (Yr 3) completed her Primary Ballet back before the summer holidays. She received her results and passed with a distinction!

This summer she was also awarded a medal and certificate of achievement for 'Outstanding potential and being a pleasure to teach'. We are so super proud of you Martha!!



Thea (Yr 6) has been shining bright coming 1st in her duathlon - you inspire us every day Thea!

Natalie (yr 4) we are super proud of you receiving a special recognition award at the football tournament - what a wonderful Henham representative you are!



As you may be aware, the new secondary school admission round opened on Friday, 12 September 2025, for parents of current Year 6 children to apply for a secondary school (Year 7) place for September 2026.

The statutory national closing date for applications is 31 October 2025.

Applications can be made online via www.essex.gov.uk/admissions
99% of parents in Essex applied online last year.



Dear Parents and Carers,


We know that WhatsApp groups are a popular and practical way for parents to stay connected, share reminders, and support one another throughout the school year. As a teaching team, we truly value the way these groups help to circulate key dates and messages about upcoming events – they're a wonderful reflection of the collaborative spirit that makes our school so special.

We warmly encourage the use of class WhatsApp groups as a way to build a kind, thoughtful, and inclusive community. When used positively, they can be a powerful tool for strengthening the bonds between families and helping everyone feel informed and involved.

If you're new to our school, please don't hesitate to reach out to fellow parents in your child's class and ask to be added to the group. It's a lovely way to settle in and feel part of the wider school family.

With thanks for all the ways you support and uplift one another.





**Henham and Ugley
Primary & Nursery School**

Cake Sale

Our School Council and
Eco Council children
are organising an after
school cake sale on

Friday 10th

October

**3.15 - 3.30pm on
the playground.**

**All proceeds to go towards an Eco
project in the school - we want to buy
plants, bird feeders, bird boxes, wild
flower seeds, pond plants, a bird bath
and plant containers.**

Please bring your cash and enjoy a Friday treat!



We need your help!

**Time to get all
'British Bake Off'**

**Could your child bring in
homemade cakes/biscuits or tarts
to sell on the day. Shop bought
also very welcome.**

**Thank you for supporting our
school & Eco council children.**

**Please bring in your offerings on Thursday 9th
October or the morning of 10th.**

We are very grateful.



Our cake sale proceeds will
go towards:

Plant pots

bird feeders

wildflower seeds

watering cans

pond plants

a bird bath

pond plants

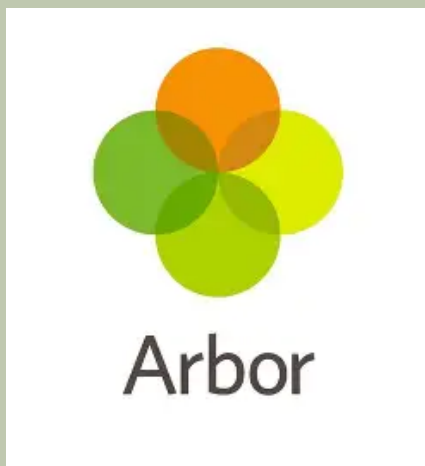


Walking home independently - year 5 & 6

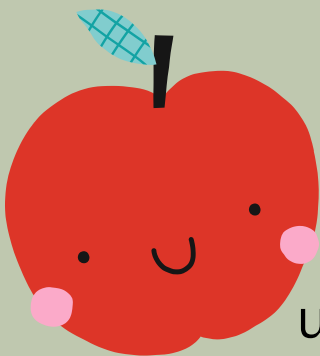
When children get to year 5 and 6, they are often allowed to walk home independently.

Could we ask that you email in with your permission. We then keep a log of who is/is not permitted to leave the school on their own. If we do not receive this we will not be allowing children to leave.

Thank you.



Please check your ARBOR account. Are all your details up to date and correct? This is something you can adjust and amend. We would be grateful if you could do this at your earliest convenience.



Wrap around Care.

We are so lucky to have our wrap around - breakfast and after school club. If you are using these, please be advised that you need to book your place 1 month in advance and pay for these sessions via ScoPay. Any queries, please contact the school office.

Thank you

European Day of Languages - Friday 26th September.



Competition!

"Create a poster illustrating the 25th anniversary motto of the European Day of Languages "Languages open hearts and minds!"
<https://edl.ecml.at/Activities/2025-poster>



Initiative 2025: Languages open hearts and minds!



Create a poster illustrating the 25th anniversary motto of the European Day of Languages "Languages open hearts and minds!". This reflects that learning languages harnesses both the emotions and the brain. As well as potentially boosting brain power and connecting people, learning languages can facilitate the exchange of ideas, emotions, and experiences – strengthening empathy and respect for different ways of life.

You can use symbols, quotes and artwork to convey messages and let your creativity run wild!

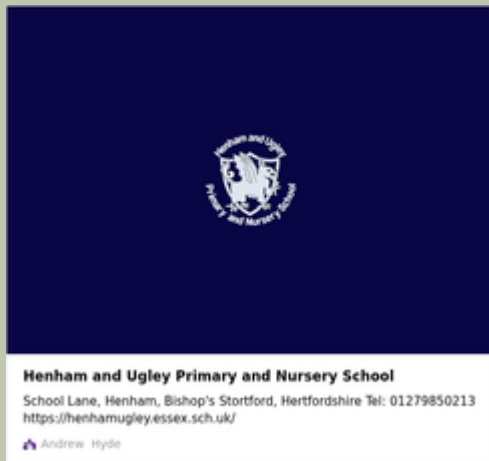
Send us an image (jpg or gif) of the poster you produce to be showcased on the EDL website. There will be prizes for the top 5 most creative entries and 25 of the posters will proudly be displayed at the premises of the European Centre for Modern Languages!

The last day for submissions is 15 October 2025.

Send your posters to Mrs B and I will send off for you! Good luck.

UNIFORM ORDERING

PE kits can be purchased following this link



Logo uniform can be purchased following this link

[Henham and Ugley Primary and Nursery School – My Clothing](#)

TouchPoint – Stansted



TouchPoint Teatime on Thursdays is a free hot meal for children of school age and younger, and their parent/carer, plus some fun activities.

This week we are making dragonflies and will be tucking in to roasted vegetable lasagne; chicken and ham pasta bake; with salad, coleslaw & garlic bread on the side; plus fresh fruit, cakes and ice creams for dessert.

Why not join us this? We're open from 3pm to 5.30pm.



Parents and carers, pop in for a tea or coffee, a toastie or pastry, and a chat. Kids welcome too! This session is free, although donations are welcomed via our 'Give what you can' initiative.

Everyone welcome.

NEW! Breakfast Social

The first Monday of every month, 9am to 11am, at TouchPoint, Crafton Green House, 72 Chapel Hill, Stansted, CM24 8AQ

Pop in for a tea or coffee, a toastie or pastry, and a chat.





Census Day Lunch

Thursday 2nd October

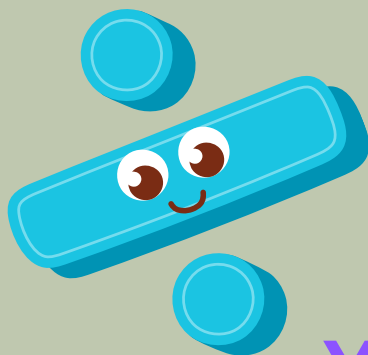
Help our school and please book a school lunch - baguette or our hot meal option. followed by Mrs B's ice cream parlour dessert!



Having lunch at school on census day is particularly important for children in Reception, Year 1, and Year 2 because it directly affects the school's funding - having a lunch supports our school budget!



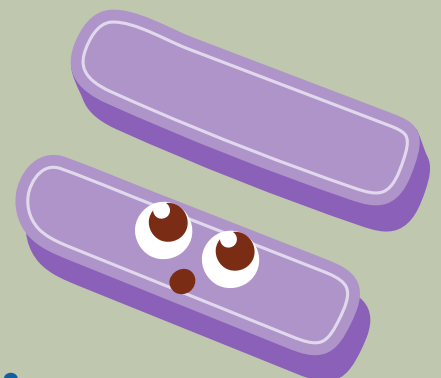
Each week Miss Gilbert organises a TT Rockstar challenge.



This weeks:



Year 4 V Year 6
Year 3 V Year 5



Get practising those times tables!

Therapeutic Play

Jules Cowell

Contact details:

If you would like to contact me regarding therapeutic play, please email me on: jcowellplay@outlook.com



Children don't say "I had a hard day can we talk?" they say, "Will you play with me."

Lawrence Cohen

'Play is often talked about as if it were a relief from serious learning.

Play is really the work of childhood.'

Fred Rogers

'You can discover more about a person in an hour of play than in a year of conversation.'

Plato

What is Therapeutic Play?

Therapeutic play provides a 1 to 1 safe space for children to process their feelings and emotions creatively, without the need for words. Children will have access to paint, art materials, games, clay, stories, puppets, sand, small world figures and buildings, musical instruments, drama and role play.

Therapeutic play is non-directive, and it is up to the child to decide what to use and how to play.

Therapeutic play can help many children with a wide variety of needs and issues such as, low self-esteem, friendship issues, anger issues, trauma, anxiety, parental separation or bereavement.

About me

I am a fully qualified practitioner in therapeutic play, and I trained with Play Therapy UK.



I have also worked as a teacher for 28 years, most of this time I worked with pupils with special educational needs (autism and speech and language difficulties), I have also worked as a special needs coordinator for six years and as an advisory teacher for Essex County Council for more than ten years.

What to expect

As a therapeutic play practitioner I can work with children that score between 12 and 21 using the Goodman's Strengths and Difficulties Questionnaire (SDQ).

I would have an initial meeting with both school and parents to discuss the process and complete the assessment forms.

If we feel your child could benefit from therapeutic play, I can start seeing them once a week in school. After 8 sessions, you will be asked to attend a review meeting, where we will discuss how the sessions are going and whether to end the sessions at 12 weeks, or continue further. Some children will need more than 12 weeks.

My fee is £40 per session. Sessions are 40 minutes. I do not charge for initial meetings with the school and parents, review meetings or charge for writing end reports.

Supervision

As a practitioner on the Register of Play and Creative Arts Therapists, I am required to attend regular clinical supervision. I will discuss your child anonymously with my experienced supervisor. They will assess and review my practice, provide support and advice, identify any problems and suggest actions.

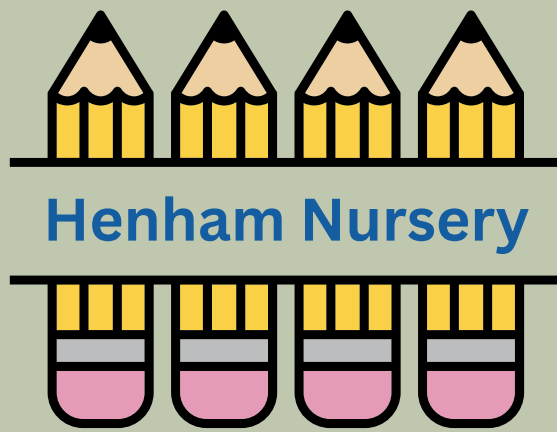
Results

Therapeutic play does not give 'answers' or specific strategies. Instead, it is an approach which gives a child time and space to process their own emotions and needs.

Confidentiality and safeguarding

I can give you general feedback as to whether I feel the sessions are going well, but I am bound by confidentiality to your child, so I will not be able to tell you or the school what your child talks about.

The exception to this is if I have a safeguarding concern. If this were the case, I would follow the school's child protection procedure and report my concerns to the school's Designated Safeguarding Lead and notify parents.



We are FULL TIME from September!

Monday - Friday 8:45 to 3.15

term times only.

**Please book your place to avoid
disappointment.**

**Please contact the office for further
information.**

★ PRET A MANGER ★

We continue to have our 'pret a manger' delivery every Monday at 5.30pm. They deliver to the carport at the front of the school - all are welcome!

Essex Fire Museum Open Days

2025



28th Of September

10:30AM To 4:00PM

Fire Station, Hogg Lane, Grays
RM17 5QS



Book Now 



Museum@essex-fire.gov.uk